

Paremiology

**The collection and study of
paroemias**

Paremiology

**The collection and study of
proverbs**

A biblical proverb is a short saying that expresses a general truth for practical, godly living.





Apples of Gold

Proverbs 25:11

Proverbs 15:23

“A man hath joy by the answer of his mouth: and a word spoken in due season, how good is it!”

Proverbs 18:21

“Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof.”

Proverbs 10:19

**“In the multitude of words there
wanteth not sin: but he that
refraineth his lips is wise.”**

- A. Avoid hasty, ill-guided, contentious conversations.**
- B. Maintain privacy & confidentiality; don't gossip.**
- C. Gracious, kind, edifying words are always refreshing.**

- D. Be humble; avoid self-aggrandizing conversations.**
- E. Carefully crafted, patient, timely words are influential.**
- F. As in every area of life, moderation is always better than excess.**

G. Measure your words so you don't wear out the hearer.

H. Use accurate, well-chosen words that don't attack or inflame.

Colossians 4:6

“Let your speech be always with grace, seasoned with salt, that ye may know how ye ought to answer every man.”

Galatians 6:1

“Brethren, if a man be overtaken in a fault, ye which are spiritual, restore such an one in the spirit of meekness; considering thyself, lest thou also be tempted.”

Golden Rule for speaking “Apples of Gold”

Are my words Appropriate?

Are my words Planned?

Are my words Palatable?

Are my words Loving?

Are my words Edifying?

Are my words Seasoned with salt?