



# United

*THE FELLOWSHIP OF THE GOSPEL*

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***Instead of Worry ...  
Peace through Prayer***

**Philippians 4:6-7**

**Luke 10:41**

**“And Jesus answered and said unto her, Martha, Martha, thou art careful and troubled about many things:”**

- A. Anxiety puts you in turmoil.**
- B. It consumes your thinking.**
- C. It saps your mental energy.**
- D. It weighs you down.**

**E. Worrying robs you of joy.**

**F. It stirs up panic and all kinds of instability in your thinking.**

**G. It drains you physically, emotionally, and spiritually.**

- 1. Choose not to be anxious.**
- 2. Choose to trust God.**

**Worrying is a self-oriented, sinful choice that reveals a lack of dependence on God.**

## **Philippians 4:6**

**“Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.”**

# Psalm 57:1

**“Be merciful unto me, O God, be merciful unto me: for my soul trusteth in thee: yea, in the shadow of thy wings will I make my refuge, until these calamities be overpast.”**

## **Psalm 57:2-3a**

**“I will cry unto God most high;  
unto God that performeth all  
things for me. 3 He shall send  
from heaven, and save me ...”**

# Philippians 4:5

**“Let your moderation be known  
unto all men. The Lord is at  
hand.”**

## **Philippians 4:7**

**“And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.”**

## **John 14:27**

**“Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.”**

- 1. Choose not to be anxious.**
- 2. Choose to trust God.**

**1 Peter 5:7**

**“Casting all your care upon him;  
for he careth for you.”**