



United

THE FELLOWSHIP OF THE GOSPEL

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Philippians 4:4

“Rejoice in the Lord always: and again I say, Rejoice.”

**Abiding joy in Christ should be
the aim of every believer.**

**Abiding joy is something you
must choose to pursue because
God has commanded it, and He
will enable you.**

Choose Joy!

Philippians 4:4

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“Rejoice in the Lord always: and again I say, Rejoice.”

Philippians 2:17-18

“Yea, and if I be offered upon the sacrifice and service of your faith, I joy, and rejoice with you all. 18 For the same cause also do ye joy, and rejoice with me.”

Philippians 3:1

“Finally, my brethren, rejoice in the Lord. ...”

What is biblical joy?

- 1. Joy is not primarily a feeling; it's a mindset and a choice.**
- 2. Being filled with joy doesn't mean you're never sad or discouraged.**

Philippians 1:18

**“What then? notwithstanding,
every way, whether in pretence,
or in truth, Christ is preached;
and I therein do rejoice, yea, and
will rejoice.”**

What is biblical joy?

- 3. Joy is an abiding spirit of contentment and hope that transcends circumstances.**
- 4. Real joy is rooted in your relationship with Christ.**

Many people think that joy comes from getting what you desire. But biblical joy actually comes from realizing what you deserve.

Psalm 40:2

“He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a rock, and established my goings.”

Psalm 40:3

“And he hath put a new song in my mouth, even praise unto our God: many shall see it, and fear, and shall trust in the LORD.”

What gets in the way of joy?

A. Unresolved interpersonal problems

B. Selfish rigidity

C. Worry & anxiety

What gets in the way of joy?

D. Prayerlessness

E. Undisciplined thinking

F. Ungratefulness & discontent